



Ascension

Ascension EAP

Forgiveness

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Mistakes? Yes, we have all made them. It's almost impossible to get through an entire day, week, or month without realizing you've made a mistake. Busy schedules, Google Hangout meetings, a chaotic work setting, and endless calls, all make mistakes even more likely. Some are small and easily fixed, however; others can have a lasting impact when they unintentionally hurt someone.

As a leader it is your responsibility to support your staff, but what if you have inadvertently caused pain, made them feel as if they are not heard or that their feelings are not valued? Even when you don't mean to cause pain, your actions could send a message that you didn't intend to send. This mistake could negatively influence your relationship with associates, as well as impact your work culture.



Forgiveness is the key to overcoming mistakes.

1. **Forgiveness allows a positive work culture.** When leaders are masterful at forgiveness it sets a precedent for others to make mistakes without harsh judgment or lingering grudges. Your department productivity and cohesiveness will inevitably improve.
2. **Forgiveness allows you to learn and adapt.** Don't feel held back by previous mistakes. Admitting to a mistake and forgiving yourself for it will allow you to open the lines of communication with your associates which builds trust and drives performance. Vulnerability is not weak--it's actually the sign of a very strong leader.



