

Online Support and Recovery Groups During COVID-19

Alcohol and Substance Use

Alcoholics Anonymous

Alcoholics Anonymous is an international fellowship of men and women suffering from alcoholism. Click the link above to find a support group or www.aa.org



ACA

Adult Children of Alcoholics (ACA)/ Dysfunctional Families is a Twelve Step, Twelve Tradition program of men and women who grew up in with parents suffering from alcoholism. Click the link above to find a support group.



Narcotics Anonymous

Narcotics Anonymous is a global, community-based organization that helps individuals with substance use disorders. Click the link above to find a support group.



Cocaine Anonymous

Cocaine Anonymous is a fellowship of men and women help each to recover from their addiction. Click the link above to find a support group or www.ca.org



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Co-dependency

Co-Dependents Anonymous

Co-Dependents Anonymous, a program that helps individuals recover from codependence. To find an online support group, visit the link above or www.coda.org



Depression and Anxiety

ADAA

Anxiety and Depression Association of America (ADAA) is an international nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders. Click the link above for an online support group or visit www.adaa.org



Eating Disorder

Eating Disorder Hope

Eating Disorder Hope's mission is to offer hope, information, and resources to individual eating disorder sufferers, their family members, and treatment providers. Click the link above.

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Sexual Addiction

Sex Addicts Anonymous

Sex Addicts Anonymous (SAA) shares experience and hope to others so that they can overcome their sexual addiction. To find a telephone or virtual meeting, click the link above.



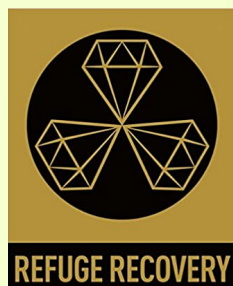
Additional Support Groups

In The Rooms

In The Rooms hosts video meetings for Alcoholics Anonymous, Narcotics Anonymous, and many other recovery fellowships. Meetings take place all day long—just check out the live meeting list to find a meeting you'd like to attend. Click the link above to find an online support group.

Refuge Recovery

Refuge Recovery is grounded in the belief that Buddhist principles and practices create a strong foundation for a path to freedom from addiction. To find an online meeting and support group, click the link above or visit www.refugerecovery.org



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Additional Support Groups Cont.

Ken Seeley Rehab

The Ken Seeley Rehab Center provides the safe space and crucial support your loved one and family need to reach a place of healing and sobriety. Click the link above to find a meeting that best fits your needs.



SMART Recovery



Self-Management And Recovery Training (SMART) is a global community of mutual-support groups. At meetings, participants help one another resolve problems with any addiction (to drugs or alcohol or to activities such as gambling or over-eating). Click the link above or visit www.smartrecovery.org.

Unity Recovery

Free online support group to assist in the recovery process. Unity Recovery meets the needs of many individuals by providing support groups for the recovering community. Click on the link above or visit www.unityrecovery.org

