

# 10 Social Distancing Ideas For Extroverts



“Social distancing” is a term used to describe infection control actions taken by public Health officials to stop or slow down the spread of a highly contagious disease. Humans are social creatures used to interacting face to face. For extroverts, they don’t just need people, they need stimulation. Here are some great suggestions to pass the time and be productive when social distancing is the new norm.

**1.**  **Follow A Painting Tutorial**

Even if you haven’t held a paintbrush since eighth grade, it’s a great activity to do to pass the time. If you’re a total novice follow an online tutorial. The art channel on YouTube is a great place to start. Even if you’re not into art, you’ll still enjoy these videos. <https://youtu.be/ILWEXRAnQdo>

**4.** **Bake Something Yummy**

Have you always wanted to learn how to bake? Well, guess what, we all have the time now, and baking yummy treats is a great activity to do during social distancing. There are a ton of recipes online, look for what you’re in the mood for, and get baking!



**7.** **Binge Watch Your Favorite Show**

Not that you need an excuse to re-watch your favorite show but now’s the time to do it. Stay at home, cuddle up in a blanket, grab a bowl of popcorn and watch your favorite TV show.



**8.** **Learn To Play An Instrument**

Try the piano. How about the guitar or the accordion. You can find lessons online everywhere to fit the beginner or the musician who wants to step up their game. Music soothes the soul. Remember to consider the other family members in your home when practicing in close quarters,



**2.** **Have A Netflix Watch Party**

Thanks to *Netflix*, now you can watch a movie with your friends from the comfort of your own home. This activity is a saviour during social distancing. Find out how you can host a watch party over [here](#).

**5.** **Go On A Virtual Museum Tour**

Many brands and organisations are taking steps to make your social distancing experience better. Thanks to the power of technology and the internet, you can now take virtual tours at museums. You can tour the *Guggenheim* online over [here](#).

**9.** **Have An At-Home Spa Day**

As tempting as a relaxing day at the spa sounds, it’s our responsibility to stay indoors. However, that doesn’t mean that you can’t have a spa day at home. Grab your face masks and herbal teas and have a fun [at-home spa day](#).

**3.** **Learn A New Language**

Add a new skill to your resume. You can use apps like *Duo Lingo* and *Busuu* to learn any kind of language you want.



**6.** **Declutter Your House**

You’ve got no excuse now, you have to declutter your home. Make the most out of this self-isolation experience, be super productive and [Marie Kondo](#) your home. Your future self will thank you for it.

**10.** **Try Online Workouts**

The hour that you used to spend at the gym is now an hour at home. [online workouts](#), Is a great way to still work out every day.

